



***Building Green Culture
– Lessons from a
start-up team in
Alexandra Hospital***

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Alexandra Hospital





The Team:

AH Go Green

- Self-organising team with reps from various departments with varying levels of participation
- None have formal roles in sustainability
- Support top-down green initiatives
- Where we try to make a difference:
Build green culture and facilitate ground-up initiatives





What did not work?

- Using negative framing for Green issues
- Using 'Let's do the right thing' as the only message
- Plan activities using purely Green themes like 'Waste & Recycling'

... then, what works?



Make it Make Sense to Go Green

... Even when people are not interested





GO GREEN

WITH IN-HOUSE FOOD CATERING BY AH FOOD SERVICES

Want to go green while providing delicious & affordable food at your next event?

AH Food services now provides buffet style food catering from our very own kitchen. Do consider placing an order for your next event!



HOW IS THIS GREEN?

Reduce Food Waste

AH Food Services can provide you with customised advice on appropriate food quantity.

Reduce Single-Use Disposables.

Reusable crockery and cutlery are provided for food catering orders.

If you only require reusable cutlery sets without food, loan option is also available. (Coming soon on May 2023)



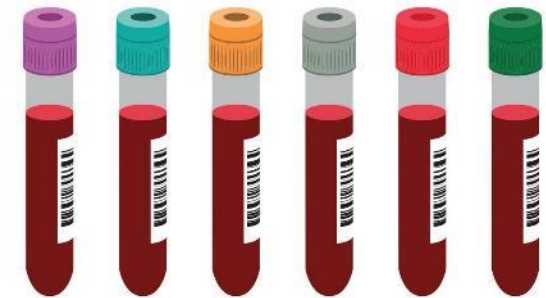
For enquiries or to place an order, please email AlexandraCampus_FoodServices@nuhs.edu.sg

Brought to you by:
AH FOOD SERVICES &
GO GREEN GROUP

Using In-House food catering vs external catering



Increase aircon temp in Endoscopy room



Reduce disposal of blood tubes



Make it Fun to

Go Green





Tree-Planting

- Made it meaningful by tying it with AH's 5th anniversary and planting 50 trees.
- Alexians join as part of department bonding and are able to formally name their planted trees on NParks website



Upcycling T-Shirts to Tote Bag

- Done during school holidays and Alexians can sign up with their children.
- Workshop is fun and has practical applications in real life.



Make it Mainstream

to Go Green





Gloves Not Indicated ✘

- When there is no exposure to blood or body fluids, or a contaminated environment.
E.g.,
 - Taking vital signs
 - Transporting a patient
 - Giving oral medications
 - Distribution or collection of food trays
 - Placing of non-invasive oxygen equipment (e.g., nasal cannula)



Embed into existing Frameworks

Environmental Sustainability is assessed as one of AH's key enterprise risks featured in the ERM Risk Register

Embed into existing Education

AH Infection Prevention not only teaches when to use PPE, but also emphasizes when NOT to use them

Embed into existing Events

Hand Hygiene Day includes elements of environmental sustainability





***Make it Encouraging for
people to Go Green***





Recruit Strong Allies

AH COO & Infection Prevention are influential allies and through them, we 'moved mountains'



Support Budding Efforts

If we don't help and they lose heart right from the start, our Green movement loses a potential supporter too.



Be Kind to everyone

Go Green is a journey. Taking a hard or inflexible stance will only alienate others.



***Thank you
very much!***

